**八年级（下）英语第14周第2课时**

**专项复习2 阅读回答问题之主旨概括 学程拓展**

1. 同学们，请你点开下面的链接：[**https://v.qq.com/x/page/q0511nd3lyi.html**](https://v.qq.com/x/page/q0511nd3lyi.html)**，**从中可以了解熬夜的危害，让我们一起关注睡眠，关注健康。

2. 同学们，让我们一起来读一读下面这篇文章，看看你能否概括文章的主旨大意？

My name is Anne. When I was 9 years old, I received my first handmade card. It was from one of my classmates. He had just moved to New Jersey from South Korea. He had a hard time adjusting (适应) to his new school, and I helped You him. He wanted to show his appreciation(欣赏，感激)but didn't know how to express himself. So he made me a card. It was a folded(折叠的) piece of paper from his notebook, with a picture he d drawn on the front. There were only a few sentences inside but those words meant a lot to me at the time.

Since then, I have known how special handwritten cards can be. They take time and effort to make and feel very personal. Like photographs, cards can be stored and looked back on. I think you can make your own unique(独无二的) card with supplies you have at home. Or you can buy a card from a store. The most important thing of a card is the message you write inside.

Do you know how to write the message in a handwritten card? The following steps can give you some help.

The first step is to think of a person for whom you d like to make a card. Will you give it to a friend or a family member? Or is it for someone you don’t know that well but who might need a little encouragement?

Next, think about what kind of card you d like to make. There are many types: Thank- you cards, congratulations cards, holiday cards, and I'm-sorry cards are just a few.

Now it's time to gather your thoughts. For me this is the hardest but most rewarding part. A big tip for writing a card is to keep the person you’re making it for in mind while you work. You can ask yourself some questions while writing: What are your favorite memories of that person? What do you appreciate most about him or her? Your words can be as sweet or as funny as you want. If they’re personal, the message will be special.

Last, sign your name at the bottom. Don’t forget to include the date, in case the recipient keeps the card to reread sometime far in the future.

It can be hard to put your feelings into words. But getting a handwritten card or letter can make someone who needs it feel appreciated.

What’s the passage mainly about?

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