八年级（下）英语第15周第1课时

《期末复习之语法篇》学程拓展

7 things you can do to improve learning English

From: https://www.englishforums.com/

1. Listen to improve learning English

How do babies start speaking a language? First, we listen, then we talk, and then we learn how to write and read. So let’s take baby steps (pun intended) and start by listening to the spoken language we want to learn.

2. Think and speak in English

Multilingual people, usually tend to think in several languages. Be honest, how often do you talk to yourself? Many people find it helpful to think to themselves or talk to themselves loudly.

Make a habit of talking to yourself in English every day. Create your own TV show (in your head), read a book out loud, explain something to yourself out loud, just talk to yourself, and practice English every day.

3. Play vocabulary games

A rich vocabulary is a huge part of actually speaking a foreign language. With only a few words, you can deliver your message to the listener. Still, having a rich vocabulary will help you communicate in a more engaging way. If you know several synonyms (words with similar meanings), you’ll be able to choose the best word for the job.

4. Write in your diary

While having a diary/journal is a great way to deal with your emotional issues and everyday problems, you can also use it to practice learning English better.

5. Change the language on your smartphone and social media

Yes, it might be difficult at first, but you’ll learn to adapt yourself to the changes. You use smartphones and social media every day, so you might as well benefit from by learning some of the words and terminology you already knew.

6. Plan to take a test weekly/monthly

You might give up if you don’t notice the progress is often hard. But transitioning to another language takes time. Plan weekly or monthly tests for yourself and see how you have developed your English knowledge.

7. Watch videos over and over again learning English

This might seem tedious, but hear me out! By watching something in a foreign language, you won’t truly understand everything at once. By rewatching it over and over again, you will catch some of the missed terminologies, strange words, expressions, jokes, and more. You are improving learning English by repetitions.

Remember, consistency is the key to learning English.