**8年级（上）英语第46课时（第12周）**

**《体味别样英伦风情》学程拓展**

**Eating Etiquette in Britain**

The British generally pay a lot of attention to good table manners. Even young children are expected to eat properly with knife and fork. We eat most of our food with cutlery. The foods we don't eat with a knife, fork or spoon include sandwiches, crisps, corn on the cob, and fruit.

**Things you should do:**

Always say thank you when served something. It shows appreciation.

You may eat chicken and pizza with your fingers if you are at a barbecue, finger buffet or very informal setting. Otherwise always use a knife and fork.

When eating rolls, break off a piece of bread before buttering. Eating it whole looks tacky.

On formal dining occasions it is good manners to take some butter from the butter dish with your bread knife and put it on your side plate (for the roll).

In a restaurant, it is normal to pay for your food by putting your money on the plate the bill comes on.

When you have finished eating, and to let others know that you have, place your knife and fork together, with the prongs (tines) on the fork facing upwards, on your plate.

**Things you should not do:**

Never lick or put your knife in your mouth.

It is impolite to start eating before everyone has been served unless your host says that you don't need to wait.

It is impolite to have your elbows on the table while you are eating.

Don't reach over someone's plate for something, ask for the item to be passed.

Never use your fingers to push food onto your spoon or fork.

Never blow your nose on a napkin (serviette). Napkins are for dabbing your lips and only for that.

**Things that are OK to do:**

It is OK to pour your own drink when eating with other people, but it is more polite to offer pouring drinks to the people sitting on either side of you.

It is OK to put milk and sugar in your tea and coffee or to drink them both without either.

**I am not used to eating with a knife and fork. What do I need to know?**

We eat continental style, with fork in the left hand and the knife in the right (or the other way round if you are left handed). At the top of your plate will be a dessert spoon and dessert fork. If you are eating at a formal dinner party, you will come across many knives and forks. Start with the utensils on the outside and work your way inward with each subsequent course. When eating in formal situations, rest the fork and knife on the plate between mouthfuls, or for a break for conversation. If you put your knife down, you can turn your fork over. It's correct to change hands when you do this, too, so if you are right handed you would switch and eat with the fork in your right hand.

**How to eat Soup**

When eating soup, tip the bowl away from you and scoop the soup up with your spoon.

Soup should always be taken (without slurping of course) from the side of the spoon, and not from the 'end' as in most of the rest of Europe.

**How to eat peas**

To be very polite, peas should be crushed onto the fork - a fork with the prongs pointing down. The best way is to have load the fork with something to which they will stick, such as potato or a soft vegetable that squashes easily onto the fork. It's sometimes easier to put down your knife and then switch your fork to the other hand, so you can shovel the peas against something else on the plate, thus ensuring they end up on your fork.

**How to eat pudding (desserts)**

To eat dessert, break the dessert with the spoon, one bite at a time. Push the food with the fork (optional) into the spoon. Eat from the spoon. (Fork in left hand; spoon in right.)

**How to use a napkin or serviette**

The golden rule is that a napkin should never be used to blow your nose on. This is a definite no-no. Napkins should be placed across the lap - tucking them into your clothing may be considered 'common'.