**9年级英语第36课时 课时作业**

**一、听本节课的三段录音，进行跟读与模仿训练(听力音频另附)：**

**听力材料：**

**文段1：**

Hello, everyone. I’m Chris. Today I’m going to give you some advice on how to do homework quickly and easily. First, manage time wisely. You can make a plan before doing homework. Draw up a timetable and break up a large task into smaller ones. Second, work in a good environment. Make sure you’re studying in a quiet and relaxing area. Turn off your mobile phone and close the door. Try sitting at a desk in a comfortable chair instead of on the floor or on your bed. Third, treat yourself to fun activities. When you’ve finished your homework, you can go over to a friend’s house, go out for a walk, or get yourself a sweet treat.

Remembering these upcoming activities can help you do well in your homework. Hope my advice will be helpful!

**文段2：**

Hello, everyone. I’m Chris. Today I’m going to give you some advice on how to get over shyness. First, start with people you know. You can start a small talk with the one you feel comfortable around. Talk about things you’re interested in or send out invitations for a party. Then try this with new friends. Second, think of some conversation openers. They make it easier for you to get started. You may introduce yourself, ask a question or talk about the weather. All of these are good conversation openers for you. Third, practice before a conversation. You can write down what you want to say and read it out. Then just do it. Don’t worry if it’s not perfect. Be proud that you gave it a try.

Hope my advice will be helpful!

**文段3：**

Hello, everyone. Have you ever felt as if your anger is the boss of you? Today I’d like to talk about what you can do to control your anger. When you feel you’re losing control of your anger, take a deep breath to cool down. Count to 10 slowly in your mind before you open your mouth. Or you can walk away and stay somewhere else until you’ve thought about what to say or do. Never hurt anyone with your hands, or by what you say. Everyone gets angry sometimes. Just remember, control your anger before it controls you.

**二、细读文本，查阅词典，积累好词好句。**

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