**话题：人与自我《健康与生活》Reading(1)学法指导**

**[学习目标]**

1、获取建议信的相关信息并感知其基本结构；

2、获取人们沉溺于吸烟的原因、危害及戒烟的方法的事实性信息,做出思维导图；

3、分析作者用网页给孙子提建议的原因，并概括建议信的结构和使其更具有说服力的写作方法。

**[学法指导]**

泛读和精读结合，把握文章的主旨大意、结构、作者意图，了解人们吸烟的原因、吸烟的危害及戒烟的方法，并能概括建议信的结构和其具有说服性的方法，并尝试运用于自己的写作中。

Task 1. Read the passage quickly and answer the questions:

1. How many parts does the passage consist of?
2. What kind of passage is it?

3. To whom grandfather wrote this letter?

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Task 2.

1. Read para.1 and para.2 and answer the questions:

（1）. What is the purpose of the letter?

（2）. Why did Grandad mention his life at the beginning?

2. Please draw a mind-map to show what aspects about smoking are mentioned in the letter in detail in para.3-5 and the internet page.

Task 3. Discussion

* Why did the grandad use an internet page to give his grandson advice?
* What is the structure of the passage?
* Which of the following goes through the whole passage? Why?
  1. Grandad’s suggestions
  2. Grandad’s experiences
  3. Harmful effects of smoking
  4. Three ways of becoming addicted to smoking
* How will James feel while reading the letter? Give examples.
* Which part in this letter is the most persuasive?