**7年级英语第27课时**

**《跨文化交际——有趣的肢体语言》拓展资源**

1. 读懂肢体语言。下面是一些在西方文化中具有共识意义的肢体语言，你能运用它们读懂你身边的外国朋友吗？

 **List of Body Language**

 **Facial expressions**

* Avoiding eye contact = shy, worried, lying
* Crinkling nose = disgust
* Deadpan face (without any expression) = emotionless or hiding feeling
* Direct eye contact = confidence
* Eyes staring into the distance = dreamy, not concentrating
* Pressing lips together (tight lipped) = annoyed, angry
* Raised eyebrows = doubtful, disbelieving
* Smiling = friendly

 **Physical Actions**

* Arms behind back, shoulders back = confident
* Arms crossed = defensive or insecure but sometimes it means angry
* Biting nails = nervous
* Blushing (going red in the cheeks) or stammering (speaking with hesitations and repeated letters) = embarrassment
* Eye rubbing = tired or disbelieving
* Putting arms up with palms facing forward = submission
* Hands covering gaping mouth = scared
* Scratching one’s head = confused
* Shrugging shoulders (moving shoulders up and down) = don’t know, doubt, confused
* Stocking one’s chin = thinking deeply
* Firm handshake = strong and decisive
* Limp handshake = weak

二、肢体语言影响着他人对我们的看法，同时它也影响着我们对自己的看法。我们可以通过改变自己的肢体语言来塑造自己。扫描二维码观看视频，了解一下如何用肢体语言来塑造自己。



