**9年级英语第28课时 课时作业**

1. **阅读2019年房山一模D篇，选出正确答案。**

Since 2005, office workers in Japan have been allowed to wear T-shirts and shorts to work, instead of business suits and ties. Why? The answer is simple. The government is trying to reduce the use of air conditioners.

Although air conditioners make our lives easier in hot weather, they can be bad for the environment. The coolers use a great deal of electricity to function and add to the effects of global warming.

But it is a vicious （恶性的）cycle. As temperatures rise, there will be more need for air conditioning.

Pawel Wargocki, an expert at the Technical University of Denmark, told The New York Times: ''The air conditioning causes a huge problem to global climate and energy use.'' He added, ''More and more air conditioners are used. It's very dangerous.''

We can't live with air conditioning. But the thing is, we can't live without it either. Scientific studies have shown that if indoor temperatures are high in hot weather, people will suffer from certain health problems and have a lower productivity.

For example, when air conditioners were turned down in Japanese offices, the room temperature rose to 28℃ or higher. As a result, workers started getting headaches, and feeling sleepy.

They couldn't give all their attention to work and their productivity dropped by 2 percent, which means they did 30 minutes less work each day, according to Shinichi Tanabe, a professor of architecture at Waseda University in Tokyo, Japan.

So the best way to balance our comfort with environmental awareness is to change our expectations. Most of the time, it's not that the room is too hot but that we are used to it being cooler.

''The temperature many Americans find most comfortable indoors in summer— 21℃ —feels uncomfortable to most Europeans, who find it too cold.'' said Michael Sivak, professor at the University of Michigan, US. He said it is because Europeans care more about the environment and are willing to accept a bit more heat in summer.

Also, we can try to change our daily behavior. Open the windows to let air in, for example. Turning on the air conditioner is not the only way to make us feel comfortable.

( ) The writer probably agrees that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

A. most people will be sick without air conditioners

B. global warming is mainly caused by air conditioners

C. people have to be used to living without air conditioners

D. we should change our expectations to protect environment

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1. **阅读2019年东城一模D篇，选出正确答案。**

 I recently spent an evening trying to choose a cup on Amazon. Nearly an hour later, after having read countless reviews about dozens of kinds, I felt tired and simply gave up. The next day, I happily bought the only kind the local store offered.

Too many choices make us tired and unhappy and lead us to sometimes avoid making a decision. Researcher Barry Schwartz calls this “choice overload”. “As the number of options(可选择的事物) increases, the costs in time and effort of collecting the information needed to make a good choice also increase,” writes Schwartz. “The level of certainty people have about their choice decreases. And the possibility that they will regret their choice increases.”

Understanding how and why we make decisions can perhaps help us make better choices.We make poorer decisions when we are tired. The mind can only deal with so many options and make so many choices before it starts to lose energy. That’s why buys like candy bars and magazines at the checkout(付款处) in the store can be hard to resist. We’ve used up all our good decision-making skills.

The same goes for our workday. Making lots of decisions not only tires us, it can put us in a bad mood. That’s why it’s important to make your most important decisions in the morning rather than at the end of a tiring day.

When we’re tired, we often save our energy by making choices based on a single factor(因素) like price, rather than considering all the other factors that go into making the best decision. Another study out of Columbia University shows that this happens when people are given a lot of features(特点) to choose from when buying a car. After a while, people start asking for the common option rather than carefully weighing each decision.

This can also happen when faced with a decision in your creative work. Given endless options of which route to take, we sometimes end up going with the more usual path simply because it’s the easier way to go. So it’s important to put limits on your options, which can develop your creativity and help you make a better decision .

In other words, letting yourself have fewer options to choose from can help you arrive at a more creative answer.

( ) The writer believes that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. people are unwilling to spend energy making decisions
2. people usually take the easiest way to save their energy
3. limited choices can help people reach a creative decision
4. spending more time thinking helps make better decisions

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1. **阅读2019年通州一模C篇，选出正确答案。**

Have you ever helped younger children with their reading, writing or maths? Do you think it helpful for yourself? According to a study in the US, student tutoring(辅导) wins easily over computerized instruction.

Now the idea is spreading in Britain. Throughout this term, a group of 14-year-old teenagers at Trinity Comprehensive school spend an hour a week helping children at a nearby primary school with their reading. all the teenage tutors have some lessons which help them to catch up with their classmates at school. Although their intelligence(智力) is around average (平均), they have fallen behind on reading, writing and maths.

Jean Bond, from Warwick University, says that the main benefit of tutoring is that it helps build up the teenage tutors’ self-esteem(自尊). “The younger children come rushing up every time and welcome them. It makes the teenage tutors feel important. However, in normal school lessons, they often feel unable to deal with their school work. The teenage tutors need practice in reading, but if they have to do it in their own classes, they would say it is for kids and they get embarrassed (尴尬的) whenever they have to do it. They are struggling(挣扎) at school themselves, so when the younger ones can’t learn, they know exactly why.”

The teenage tutors’ own reading has improved as a result of reading stories aloud to the younger children. Their view of education is changed. They have become more sympathetic (赞同的) to their own teachers’ difficulties because they are frustrated(沮丧的) themselves when the younger children behave in a silly way.

The younger children get special attention from their patient tutors and they speak warmly of them. “He doesn’t shout like our teachers,” says eight-year-old Jenny.Yet, her tutor Jack sees himself as a strict teacher.

In the seven weeks of the experiment the teenage tutors have improved their reading and have received more recognition and feelings of worth than before. The younger children have made great progress in reading skills by the end of the experiment.

( ) The writer's main purpose in writing this passage is to tell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. self-esteem is the key to one’s success
2. children should get special attention
3. the purpose of education is changed
4. teaching is a good way to learn

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1. **阅读2019年丰台二模D篇，选出正确答案。**

Did you dream to get good grades and devote yourself to the tasks for a few days, however, your dream fell to zero as a TV play attracted you some day?

Do we need to have a dream? The founder of Wal-Mart, Sam Walton, says high expectation is the key to everything. “The important thing in life is to have a great aim and the determination to achieve it,” J. W. Goethe, the famous German poet and dramatist says. Successful people suggest that those who believe in the beauty of their dreams tend to have more self-motivation (自我激励) to keep on trying and enjoying the beauty of life.

Thomas Edison dreamed to light the world by the power of electricity. He tried over 2,000 different materials before he was able to create a market light bulb. It’s hard for many of us to imagine spending so much time and energy in exploring a possibility, which is most likely to come to a dead end — but for Edison, who stuck to his dream, it was just an enjoyable process. As Edison says, “The most certain way to succeed is always to try just one more time.”

Helena, a 17-year-old girl, dreamed to build the magnificent sculpture (雕塑) in the world. She devoted herself to observing faces around her and making sculptures. She was woken up by her dream every morning rather than her alarm clock. She said she became passionate (有热情的) out of her dream, which kept her going through any difficulties and found pleasure in it.

You can benefit a lot from your dream, but do you know the behavior that is necessary to fulfill your dream? You have a dream and you truthfully want good grades. However, you can’t help playing on the smart phone and let go your homework. Or you rush through it so that you can get back to the smart phone. This is the case when the present-desire to play on your smart phone beats the will to reach the future goal, which is called **immediate gratification**. If you always behave like this, you may lose the chance to meet with your dream.

Your dream can inspire you. It can give you motivation to work hard. It helps you to focus on a path so that you are moving forward. Meanwhile, you need to set a long-term goal and work for it. The key to dream is concentrating on small wins, which gradually lead to genuine confidence. You will enjoy the whole process of realizing your dream as well as involving yourself into the passion of the coming life.

( ) 1. The writer talks about Helena and Edison to \_\_\_\_\_\_\_\_\_\_\_\_\_.

A．suggest good ways of realizing your dream

B．show effects of dream on self-motivation

C．stress the great differences between them

D．share the experiences of their success

( ) 2. According to the passage, the writer may agree that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

A．it’s necessary for you to deal with difficulties quickly

B．it’s better for you to work hard than to have passion

C．setting big goals will make differences for your life

D．having your dream can help you take things light

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