

## 四年级英语上第六周阅读主题：情绪

### 第十四课时

#### 文章梗概

情绪是什么呢？看不见摸不着吗？不，情绪是一只有各种颜色的小怪兽，它快乐时想笑，忧伤时想哭，生气时像一只燃烧的小火球……不同的颜色，不同的形状，不同的感受……这些情绪交织成了我们五颜六色的生活感受。不同的颜色代表了不同的情绪，我们可以用颜色表达自己的心情，用颜色调节自己的消极情绪，用颜色感受他人的情感。

#### 阅读任务

任务一：读绘本，根据绘本内容选择正确选项，将其标号填入括号内。

(       ) 1. confused 的正确理解是



正确答案：A

(       ) 2. What happened to the color monster?

A. He is sleepy.

B. He's all mixed up and confused.

C. He wants to put different colors in the jar.

正确答案：B

(       ) 3. Why did the little girl look so cross at the beginning of the story?

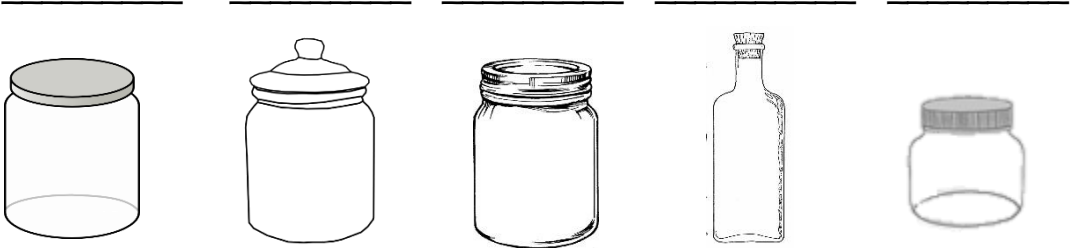
A. Because the color monster got his feelings all over the place.

B. Because the color monster made himself very dirty.

C. Because she didn't want to play with the monster.

正确答案：A

任务二：请写出故事中出现的情绪，并给瓶子涂上相应的颜色。



正确答案：happiness——黄色      sadness——蓝色      anger——红色  
fear——黑色      calm——绿色

任务三：请结合实际，将表格补充完整原文

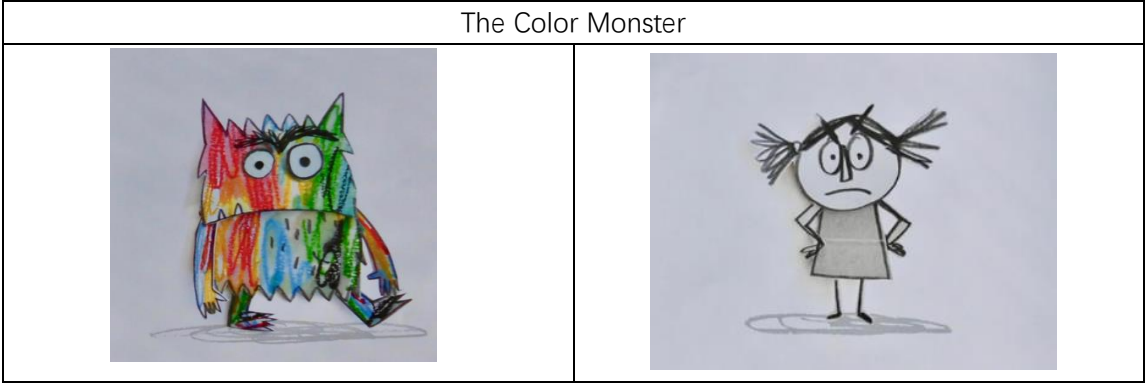
Colors	Feelings	I can feel...	I can ...
yellow	happiness	feel bright and light;	laugh, jump, dance, share feelings with everyone
blue	sadness	feel alone	cry
red	anger		want to stomp, roar and shout
black	fear	feel very small and alone	
green	calm	feel at peace	breathe slowly and deeply

任务四：What can you do when your friend is sad? 请在故事中用横线画出来。

正确答案：I'll hold your hand.

任务五：请你画一画 How does the color monster feel when it becomes pink?

原文



This is my friend the color monster.  
Today he's all mixed up and very confused.  
He doesn't know why.



Look at you, you're all over the place!



That's because your feelings are all  
stirred together, so your colors are too.

I know! Let's put each feeling in a  
different jar so we can look at it more  
closely. I can help if you like.



This is happiness. It shines yellow like the  
sun and twinkles like the stars.

You feel bright and light. You laugh, you  
jump, you dance! You want to share that  
feeling with everyone.



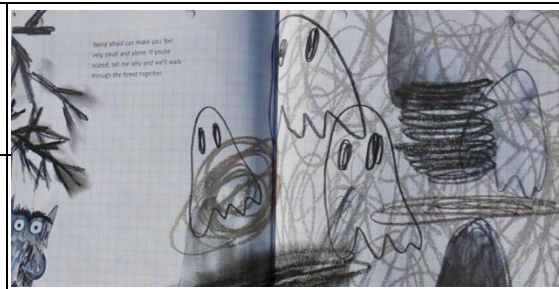
This is sadness. It's gentle like a blue  
rainy day.

Sadness can make you cry. It can make  
you feel alone. But if you're sad, I'll hold  
your hand.



Anger can make you want to stomp...

... and Rooooooooaaaaaarrrr!  
And shout, 'It's not fair!'



together.



This is calm. It's quiet like the trees and soft like their leaves.

Now you're calm, you breathe slowly and deeply. Ahhhhhhhh! You feel at peace.



There, we've finished! Here are your feelings, and each one has a different color.

But what's this? You look different, Color Monster! Er... how do you feel now?