**突破英语阅读CD篇拓展资源** 2020.2

姓名

基于2019年中考英语阅读理解，分析语篇结构。

A

一、阅读短文，选择最佳选项。

We often reach a point in our life when we should be ready for change that will help us unlock our self-improvement power. However, there’s always something staring at us right under our nose but we don’t see it. The only time we think of unlocking our self-improvement power is when everything gets worst.

When do we realize that we need to change diets? When none of our shirts and jeans would fit us. When do we stop eating candies and chocolates? When all of our teeth have fallen off. When do we realize that we need to stop smoking? When our lungs have gone bad. We see the warning signs and signals when things get rough and difficult.

The only time most of us ever learn about unlocking our self-improvement power is when the whole world is falling apart. We think and feel this way because it is not easy to change, but change becomes more painful when we ignore(忽视) it，

Change will happen, like it or hate it. At one point or another, we are all going to finally unlock our self-improvement power not because the world says so. But because we realize it's for our own good.

Happy people don’t just accept change; they embrace (拥抱)it. Unlocking our self-improvement power means unlocking ourselves out of the box of thought that is just the way we are. It is such a poor excuse for people who fear change.

Jane always tells everyone that she doesn't have the courage to be around groups of people. She heard her family tell the same things about her to other people. Over the years, that is what Jane has believed. Every time a great crowd come, she steps back and locks herself up in a room. Jane not only believes in her story, but lives it!

Self-improvement may not be everybody’s favorite word, but if we look at things in a different way, we might have greater chances of enjoying the whole process instead of counting the days until we are fully improved. Three sessions in a week at the gym would result in a healthier life. Reading books every day would build up knowledge. And only when we are enjoying the whole process of unlocking our self-improvement power will we realize that we’re beginning to take things light and become happy.

（ ）1. The writer mentions the three questions in Paragraph 2 to show that .

A. we learn our lessons when we experience pain.

B. we are responsible for the problems we meet.

C. life fails us when we get into the wrong way.

D. life is a long journey full of ups and downs.

（ ）2. What is the key to solving Jane’s problem?

A. She needs to remember why she started.

B. She has to know how to get on with people.

C. She has to realize she is not what she is in her story.

D. She needs to understand the importance of confidence.

（ ）3. The writer probably agrees that .

A. the world tells us how to improve ourselves.

B. people change when they find it easy to do that.

C. welcoming change in life is a drive to become better.

D. enjoying the process of self-improvement makes life simpler.

（ ）4. Which of the following would be the best title for the passage?

A. Is it important to take things light?

B. Is it necessary to embrace challenges?

C. To hold on to the last moment or to give up?

D. To free ourselves out of the box or to stay in it?

二、梳理语篇结构

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三、按照下列要求，分析错题。

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| 错题题型 |  |
| 错因分析 |  |
| 答题对策 |  |

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| 答题对策 |  |

 **B**

一、阅读短文，选择最佳选项。

Say you're sitting around with some friends playing video games and someone mentions a game that happens to be one of your favorites. “Oh, that game's easy. So not worth the time,” one of your friends says. The others agree. Although you enjoy the game quite a lot, not wanting to argue with them, you go along with the crowd.

 You have just experienced what is commonly referred to as peer pressure(同伴压力)，also called peer influence. You will adopt a certain type of behavior, dress, or attitude in order to be accepted as part of a group of your “peers”. As a teen, you are likely to have experienced the effect of peer pressure in a number of different areas.

 We are all influenced by our peers at any age. For teens, as school and other activities take you away from home, you may spend more time with your friends than with your family. As you become more independent, your peers naturally play a greater role in your life.

 According to Dr. Casey from Cornell University, teens are very quick and accurate in making decisions on their own and in situations where they have time to think. However, when they make decisions **in the heat of the moment** or in social situations, their decisions are often influenced by factors like peers. In a recent study, teen volunteers played a video driving game, either alone or

with friends watching. The researchers discovered that the number of risks teens took more than doubled when their friends were watching, compared with when they played alone. This shows that teens may find it more difficult to control risky behavior when their friends are around, or in situations where they are extremely angry.

Just as people can influence us to make unwise choices, they can also influence us to make good ones. A teen might join in a volunteer project because his or her friends are doing it, or get good grades because his or her friends think getting good grades is important. In fact, friends often encourage each other to study, or try out for sports.

 While we are always influenced by those around us, the decision to act or not is up to us. So when it comes to decision making, the choice is up to you.

（ ）1. According to the passage, Dr. Casey probably agrees that Teens \_\_\_\_\_\_.

 A. like to play driving games with their friends

 B. prefer situations where they have time to think

 C. may take more risks when their friends are around

 D. are slow in making decisions when they are on their own

（ ）2. The words “in the heat of the moment” in Paragraph 4 probably mean \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_".

 A. when teens avoid possible risks

 B. when teens trust their judgment

 C. when teens lose control over their anger

 D. when teens give consideration to situations

（ ）3. What can we learn from the passage?

 A. Teens are eager to be different from their peers

 B. Peer pressure has effects on both teens and adults

 C. Peer pressure does more harm than good to teens

 D. Teens think it challenging to get good grades at school.

（ ）4. Which of the following would be the best title for the passage?

 A. Peer Pressure: Is It Necessary to Deal with It?

 B. Peer Pressure: Is It Possible to Get Away from It?

 C. Peer Pressure: Its Benefits to Teens and Friend Making

 D. Peer Pressure: Its Influence on Teens and Decision Making

二、梳理语篇结构

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