**高三年级英语第4课时《阅读理解—记叙文》学习指南**

**【学习目标】**

1.通过试题了解阅读理解—记叙文的命题热点；

2.掌握记叙文解题策略，突破难点。

**【学法指导】**

1. 所选有据，避免主观 。必须以作者的思维模式为准绳，以原文提供的事实、细节为基准点，想当然答题多半会错。

2. 符合原文的答案＝正确答案≠最佳答案。

阅读题选最佳的答案，有的选项从某个枝节来看是对，但从全文来看不是最佳的。

3. 解题有法，但无定法，贵在得法。必须多读、巧读和善于思考。扩大词汇量，提高阅读速度，同时探索和总结适合自己方法。

**【学习任务】**

**1.**

Since the age of three, Chelsie Hill had dreamed of becoming a dancer. That ambition nearly ended in 2010 when Hill was in a car accident, which put the 17-year-old high school senior in hospital for 51 days and left her paralyzed from the waist down. For most people, that would have destroyed any hope of a dancing career. But for Hill, it was the beginning. Far from being a barrier, her wheelchair encouraged her to fight. “I want to prove to everyone including myself that I’m still normal,” she said, “whatever normal means.”

Normal for her meant dancing, so Hill did it in her wheelchair alongside her nondisabled high school dance team. Half of her body was taken away from her, so she had to move it with her hands. It took much learning and patience.

After graduation from high school, Hill wanted to expand her dance network to include women like her. She met people online who were fighting for the dream of dancing against various spinal (脊椎的) injuries, and invited them to dance with her. To reach more people in a larger city, Hill moved to Los Angeles in 2014 and formed a team of dancers with disabilities she called the Rollettes.

Every year Hill holds a dance camp called the Rollettes Experience for wheelchair users to help them bring out their acting talent. In 2019, 173 participants from ten countries attended. For many, it was the first time they’d felt they belonged. Edna Serrano said that being part of the Rollettes team gave her the courage to get behind the wheel of a car. “I didn’t know I could do so many things that my fellow teammates had taught me,” she said. “I didn’t know I could be sexy. It’s so powerful to have my teammates in my life, because they’re my teachers. I have more confidence.”

Chelsie Hill attained what many of us never will: her childhood dream. She has been chasing her dream in the wheelchair. She’s a dancer. The Rollettes have helped her find something else just as fulfilling.

1. What happened to Chelsie Hill in 2010?

A. She lost her hope of dancing.

B. She suffered from a serious disease.

C. She realized her dream of becoming a dancer.

D. She was severely disabled due to a car accident.

2. Why did Chelsie Hill set up the Rollettes in 2014?

A. To expand her social network.

B. To enlarge her dance business.

C. To seek more chances to dance.

D. To motivate more people like her.

3. What change did the Rollettes Experience bring to Edna Serrano?

  A. She could help others.              B. She had more faith in herself.

  C. She learned how to drive.         D. She became sexier than before.

4. Which of the following words can best describe Chelsie Hill?

A. Modest and professional.         B. Responsible and creative.

C. Determined and inspiring.        D. Cooperative and generous.

答案解析

1. 细节理解题 本题问在2010年她发生了什么事。根据第一段

“… ambition nearly ended … in a car accident, which …paralyzed ”

可知一场车祸导致她高位截瘫，但她并没有失去梦想，因此不选A，故选D

2. 判断推理题 本题问为何她建立了残疾人舞蹈团。根据三、四段信息整合，可知 她想激励更多跟她同样遭遇的人勇敢面对人生，

故选D

3. 细节理解题 本题问她的舞蹈团给Edna带来了什么变化。根据倒数第二段Edna说的话，可知对她影响很大，帮她增添了信心。故选B，其它选项不可接受。

4. 推理判断题 本题问轮椅上的舞蹈家的品德特征。根据“fighting for the dream …against various injuries”说明她意志坚定又根据“being part… gave her the courage to get …”说明她对其他人的影响和激励，故选C

词汇积累

1. ambition 雄心壮志

2. barrier 障碍，屏障

3. expand 扩大，拓展

4. paralyze 瘫痪

5. fulfilling 令人满足的，令人满意的

长难句

That ambition nearly ended in 2010 when Hill was in a car accident, **which** put the 17-year-old high school senior in hospital for 51 days and left her paralyzed from the waist down.“which”在此引导定语从句

**2**

My family moved to St. Paul, Minnesota last year, where the average winter temperatureis around 10 degrees Fahrenheit. Once summer ended, everyone went inside to play ice hockey. I’d been on the ice only a couple of times when I was much younger. When I’d fallen and broken my wrist during my second lesson, I’d decided never to put on ice skates again.

Ben, the friend I made in the new city, volunteered to teach me to

skate.Even though he was very patient, I was so embarrassed by my

clumsiness that I began to make up excuses for not skating.

One day I discovered a faster route home. It took me past a large

frozen pond. I noticed a woman teaching a young girl to skate. The girl

was attempting to jump and spin in the air.Over and over, she pushed off

the ground with the toe of her skate. And over and over, she landed hard

on the ice.

After I had been watching the girl practice for about a week, one afternoon she suddenly lifted off the ground, spun in the air, and landed on her feet!

The next day I bought myself some brand new skates. Every day on the way home I stopped at the pond and wobbled onto the ice, right next to the girl who had landed her jump. As she perfected her twists and tricks, I taught myself to glide and turn. It was hard being a beginner, and when I fell I had to fight the urge to simply give up. Instead, every time I went down, I just picked myself up and started over again. Soon I was able to keep my balance and skate more confidently. In just a few weeks, I was actually ready to practice the speed skating, fast stops, and quick turns needed for ice hockey. When I was finally ready to show Ben my newfound skating ability, he told me I should join the local hockey league.I tried out and was chosen for a team. By the end of the season, I was part of a winning team.

1. What can we learn about the author?

A. He learned skating from the girl.

B. He preferred ice hockey to skating.

C. He had once given up learning skating.

D. He moved to a new city without summer.

2. Why did the author mention the girl on the pond?

A. To prove the girl was skillful.

B. To suggest the girl inspired him.

C. To show the girl was a quick learner.

D. To explain how he came across the girl.

3. According to the last paragraph, the author’s training was\_\_\_\_\_\_\_\_.

A. easy and basic B. hard but rewarding

C. boring and tiring D. strict but interesting

4. What does the story mainly tell us?

A. All roads lead to Rome.

B. One is never too old to learn.

C. One good turn deserves another.

D. Nothing is impossible to a willing heart.

答案解析

1. 推理判断题 本题问我们了解有关作者的什么信息。根据第一段

“When I’d fallen and broken … I decided never to put on ice skates again”可知作者在溜冰时，老摔跤并受伤，决定放弃滑冰，故选C

2. 细节理解题 本题问作者为何提及冰场上的一个女孩。根据第四

、五段信息整合，可知女孩激励了作者重拾滑冰，找回自信,故选B

3. 细节理解题 本题问最后一段作者的滑冰练习有什么特点。根据 “ It was hard...when I fell… fight the urge to give up. By the end ...I was part of a winning team”. 可知它是艰辛的，但也是有收获的。故选B

4.主旨大意题 本题问这篇文章告诉了我们什么道理，纵观全文，

作者曾一度放弃滑冰，但受到女孩激励后，重拾信心，刻苦练习，

直至成功，说明有志者事竟成的道理，故选D

词汇积累

1 attempt 试图，企图

2 wrist 手腕

3 urge 敦促，欲望

4 route 路线, 线路

长难句

I was so embarrassed by my clumsiness that I began to make up excuses for not skating. “so…that ”在此为结果状语从句

**3**

I was ten when my father first sent me flowers. I had been taking ballet lessons for four months, and the school was giving its yearly performance. As a member of the beginners’ chorus group, I was surprised to hear my name called out at the end of the show along with the leading dancers and to find my arms full of red roses. I can still feel myself standing on that stage, seeing my father’s big smiles.

　 Those roses were the first of many bunches accompanying all the milestones in my life. Getting all those roses was wonderful, but they brought a sense of embarrassment. I enjoyed them, but I also felt they were too much for my small achievements.

Not for my father. He did everything in a big way. Once, when mother told him I needed a new party dress, he brought home a dozen. His behavior often left us without money for other more important things. Sometimes I would be angry with him.

Then came my 16th birthday. It was not a happy occasion. I was fat and had no boyfriend. And my well-meaning father furthered my suffering by giving me a party. As I entered the dining room, there on the table next to my cake was a huge bunch of flowers, bigger than any before.

　 I wanted to hide. Now everyone would think my father had sent flowers because I had no boyfriend to do it. Sweet 16, and I felt like crying. But my best friend, Jenny, whispered, “Boy, you’re lucky to have a father like that.”

　 As the years passed, other occasions—birthdays, awards, graduations?were marked with Dad’s flowers. Those flowers symbolized his pride, and my success. As my fortunes grew, my father’s health became worse, but his gifts of flowers continued until he died. I covered his coffin with the largest, reddest roses I could find.

　　Often during the dozen years since, I felt an urge to buy a big bunch to fill the living room, but I never did. I knew it would not be the same.

　　Then one birthday, the doorbell rang. I was feeling blue because I was alone. My husband and my two daughters were away. My 10-year-old son, Tommy, had run out earlier with a “see you later”. So I was surprised to see Tommy at the door. “Forgot my key,” he said. “Forgot your birthday too.” He pulled a bunch of roses from behind his back.

“Oh, Tommy,” I cried. “I love flowers!”

1. The writer felt embarrassed getting her first roses because .

A. she wasn’t a member of leading dancers

B. she thought her success wasn’t big enough

C. she regarded the flowers as a milestone in her life

D. she found herself standing on the center of the stage

2. Which of the following statements is true according to the passage?

A. The father made the writer happy by giving her a party.

B. The father was proud of the writer in her growth stages.

C. The father didn’t leave the family money for important things.

D. The father bought the writer flowers when she got angry with him.

3. Tommy came back again, mainly to .

A. take back his keys B. show his love for flowers

C. encourage his mother D. bring his mother birthday gift

4. Which of the following would be the best title for the passage?

A. Love in Bloom B. Father and Me

C. Pleasure and Embarrassment D. Father’s Flowers

答案解析

1. 细节理解题 本题问作者为何对得到玫瑰花而感到尴尬。根据第二段“ I enjoyed …but …too much for my small achievements”故选B

2. 细节理解题 本题问哪个选项是正确的。可以用排除法，在作者的生日、毕业礼等场合，爸爸都送作者鲜花， 为了记录她的成长和进步，也是爸爸为此感到骄傲的事情，故选B

3. 细节理解题 本题问作者的儿子回家目的。根据 “Forgot your birthday .He pulled … roses … I cried. “I love flowers!”可知不是选项A（回来拿钥匙），而是送妈妈生日礼物--玫瑰花，故选D

4. 主旨大意题 本题问文章的最佳题目，干扰项为B项，我和父亲，看似可以，但缺失本文作者借助鲜花以表达浓浓的父爱，另外儿子在作者生日时，也送花来表达母爱的伟大，故选A

词汇积累

1. milestone 里程碑

2. bloom 花

3. stage 舞台

4. platform 平台

5. embarrassment 尴尬

佳句欣赏

Those flowers **symbolized** his pride, and my success. As my fortunes grew, my father’s health became worse, but his gifts of flowers continued until he died.

4

When Brody, a 4-year-old Connecticut boy, was asked what wish he wanted to come true, his only dream was that he could be able to play outside.

Brody was born premature at 27 weeks, which caused him to overheat and burn easily. That means he can’t spend any time outside and he’ll get burn blisters（水疱）on his face even when he is driven to the hospital. Besides, there are a lot of things he can’t do. He has trouble walking and only began talking one year ago. Brody can’t eat or drink and has to wear a backpack 24/7 that contains a pump that feeds him. “I can’t even count the number of surgeries he’s had since he was born,” Brody’s mother said. “He’s spent probably half his life at the hospital.”

When [Make-A-Wish Connecticut](https://ct.wish.org/), an organization that creates life-changing wishes for children with critical illnesses, heard about Brody’s request to play outside, they immediately jumped into action. “It’s the most simple, most sweet wish, just to play outside but it seems to be the most difficult to realize,” said Debbie Artinian, the manager of Make-A-Wish Connecticut.

Artinian and her team determined that a temperature-controlled tent outside Brody’s home where he could play and not be in the sun would be the best option. But they had to find a tent that could stand weather conditions like wind and snow and had the right material to block all UV rays. Luckily, Artinian found a company based in the United Kingdom that could design and make the tent. Make-A-Wish Connecticut learnt that Brody loves the beach, even though he is not able to go into water because of his backpack. So they filled the tent with water toys and a kids’ pool filled with balls to make Brody feel as much as possible like he’s out at the beach.

Brody got his first look at the tent earlier this summer. “When he walked out of the door and I saw his face, it was just everything,” said Artinian. “Now when Brody says, ‘Can I go out and play?’, his mom can say, ‘Yes.’” Brody is now enjoying spending nearly all his time “outside” in the tent.

It’s hard to make life completely normal for Brody, but Artinian and her team tried to make it as normal as they could.

1. What can we learn about Brody?

A. He can’t be exposed to sunlight.

B. He can’t stand on his feet.

C. He can’t be given surgeries any more.

D. He can’t communicate with others.

2. [Make-A-Wish Connecticut](https://ct.wish.org/) thought Brody’s dream was \_\_\_\_\_\_\_\_\_\_\_\_.

A. inspiring and heart-warming

B. simple but incredible

C. difficult and unachievable

D. challenging but worthwhile

3. Why does the author mention the beach in Paragraph 4?

A. To show that Brody is a boy who loves nature.

B. To prove that the design company was responsible.

C. To suggest that Artinian and her team were considerate.

D. To emphasize that the skill in building the tent was the latest.

4. What does the story mainly tell us?

A. One good turn deserves another.

B. A helping hand makes a difference.

C. All things are difficult before they are easy.

D.Tough life experience may result in success.

答案解析

1. 细节理解题 本题问我们了解有关Brody的什么信息。根据第二段关键词“premature, overheat, 尤其burn”在此为日晒，可知他不能暴露在阳光下，故选A

2. 细节理解题 本题问一家公益组织认为小孩的梦想如何。根据第三、四段信息整合，可知梦想是有挑战性的但却是有价值的，

故选D

3. 推理判断题 本题问第四段作者为何要提及那个海滩。根据 “loves the beach… not …into water … filled …with water toys … to feel like he’s out at the beach ”可知他们想尽办法让Brody，感受到是在海滩上玩耍。故选C

4. 主旨大意题 本题问这篇文章告诉了我们什么道理。纵观全文，

身患重病的早产儿，接受了公益组织的帮助后，能像正常儿童

一样快乐生活玩耍。可知帮助他人的重要意义，故选B

词汇积累

1. surgery 外科，外科手术

2. option 选择

3. normal 正常的

4. have difficulty doing…做某事有困难

5. be exposed to 暴露在…

佳句欣赏

Artinian and her team determined that a temperature-controlled tent outside Brody’s home **where** he could play and not be in the sun would be the best option

**5**

Jeremy Locke, who owns a roofing and construction company in Glace Bay, Nova Scotia, had always been wanting to repair the roof of Jeanette MacDonald’s home. Whenever he drove past the woman’s home, he assumed that the roof was under repair because the job had already been taken on by another group of repairman- but as the weeks wore on, the roof continued to worsen without any signs of repair.

“I had it in my mind that if no one steps up to help this lady in our community, I ‘d be more than happy to,’’ Locke told CBC’.

When Locke finally reached out to MacDonald’s about fixing her roof for free, however she politely declined his offer because she did not like to accept charity. That being said, she had already applied for government grant(补助金) to fix the roof and she said she was more than happy to hire Locke once her grant application was approved.

Unfortunately, MacDonald never received the approval.

As the stubborn Canadian senior refused to accept any assistance from Locke, the sympathetic construction worker played an innocent trick in order to get her to accept his help. He invited MacDonald to enter a raffle(抽奖活动) that his business was holding for a free roof. After the grandmother-of-four accepted one of the raffle tickets, Locke told her that she was the winner-because she was the only one who had entered the raffle.

Thanks to his sweet little plan, Lock and his crew are starting work on the roof this week, which is expected to cost his company about $9,000.

Macdonald, meanwhile, told CBC that she doesn’t know how to express her gratitude to Locke, saying that she is her “guardian angel”.

“There’s nobody out there like him,” she added.

1. What did Locke desire to do for MacDonald?

A. Repair her roof.

B. Find a repairman.

C. Run a charity.

D. Raise money.

2. Why did Macdonald refuse Locke’s offer initially?

A. She didn’t trust him.

B. She had won a raffle.

C. She didn’t like free help.

D. She has got an official help.

3. How did Locke finally make MacDonald change her mind?

A. He persuaded her to give up her application.

B. He invited her to enter his business.

C. He gave her about $9,000.

D. He told her a white lie.

4. Which of the following words best describe Locke?

A. Stubborn and tricky.

B. Wealthy and innocent.

C. Determined and warm-hearted.

D. Different and ambitious.

答案解析

1. 细节理解题 本题问Locke想为MacDonald做什么。根据第一段“… past the woman’s home, … roof was under repair … continued to worsen ...”可知他有一家屋顶修缮公司，每当路过她家，看到危险的屋顶时，他就想帮她修理，故选A

2. 细节理解题 本题问为何一开始她拒绝了他的请求。根据第三段

“ … declined his offer … she did not like to accept charity ”可知她拒绝

别人的无偿服务，故选C

3. 推理判断题 本题问他是如何让她改变主意的。根据第五段 “refused to … assistance... trick to get her to accept his help… she was the winner”可知她拒绝免费帮助，他就想出了一计，请她参加公司的抽奖活动，结果她中奖了，因就她一人参加，他用善意的谎言达到了帮助她的目的，故选D

4. 主旨大意题 本题问Locke 的品德特征，选项A错在stubborn, 选项B错在wealthy，选项D没提及 ，故选C

词汇积累

1. charity 慈善，慈善事业

2. assume 假设，假定

3. desire 欲望，愿望

4. initially 起初，开始的时候

5. approval 赞成

长难句

she was more than happy to hire Locke **once** her grant application was approved. “once”在此引出条件状语从句

**6**

A few days ago I visited my grandfather in hospital. He has Alzheimer’s—a degenerative disease that usually starts slowly and gets worse over time. I thought I was prepared to see him. I knew chances were slim that he'd actually recognize me.

He didn’t. As a matter of fact, he had no idea that he even had grandchildren. But he was excited that somebody came to visit him. I tried to explain to him who I was. But after he told me multiple times that he didn’t have grandchildren, I gave up. And my heart broke into a million little pieces.

I was tired of explaining things to him. So I just smiled. He smiled back. It's a genuine smile. Like a long time ago, when he’d take me by the hand and made this big world a little bit less scary for me. Now I have to take his hand.

We sat in silence for a little while, before he told me to call my grandma. This was the first time I had tried so hard to hold back tears. My grandma died four years ago and he didn't remember. He thought she was stuck on her way to pick him up.

My grandpa used to be a strong, hard-working man. He was the person you turned to when you needed your car fixed, your tires changed or something heavy to be carried. Sadly, that man left this world a long time ago, and left behind a man that is lost and scared.

I want to help him. I want to make him feel better. I want to tell him about his old life, and how great it was. So I sat with him and I held his hand, and every once in a while I told him how good he looked and how much I liked the color of his shirt and how it brought out the blue in his eyes. I told him that my grandma was on her way whenever he asked about her, and I made sure the glass in his hand was always filled with water.

I can’t take away his pain. I can’t help him remember. I can’t make the disease go away. All I can do is hold on to the memories—hold on for both of us.

1. When the author first saw her grandpa in hospital, \_\_\_\_\_\_.

A. she gave up on him

B. they were both excited

C. he didn’t recognize her

D. they talked about the past

2. The author was close to tears because \_\_\_\_\_\_.

A. grandma died about four years ago

B. grandpa needed to be taken care of

C. grandma didn’t make it to the hospital

D. grandpa believed grandma was still alive

3. Which of the following best describe the author?

A. Tolerant and merciful.

B. Considerate and patient.

C. Warm-hearted and grateful.

D. Strong-minded and generous.

4. The author wrote this passage to \_\_\_\_\_\_.

A. show pity towards her grandpa

B. record memories of her grandpa

C. express deep love for her grandpa

D. call on further study on Alzheimer’s

答案解析

1. 细节理解题 本题问作者在医院第一次看到生病的爷爷的情况。根据第一段“He has Alzheimer’s—a disease...”和第二段“he had no idea that he even had grandchildren”可知爷爷得了老年痴呆症，不认得孙女了，故选C

2. 细节理解题 本题问作者哭泣的原因。根据第二段“I... to hold back tears. My grandma died and he didn't remember”可知爷爷认为奶奶仍然还活着，故选D

3. 推理判断题 本题问作者的品德特征。通过信息整合，可知选项D与作者无关，gennerous慷慨的。选项A看似可以，但tolerant,merciful没有表达出对爷爷的爱，然而面对痴呆的爷爷，作者拉他的手，逗他开心，陪他聊天，说明作者善解人意并有耐心，故选B

4. 主旨大意题 本题问作者的写作目的。纵观全文，就是要表达她对爷爷深深的爱和敬意。干扰项B，错在record（记录），故选C

词汇积累

1. recognize 认识，认出

2. scary 害怕的

3. considerate 考虑周到的

4. merciful 同情的

5. hold back tears 抑制住流泪

佳句欣赏

He was the person you **turned to** when you needed your car **fixed**, your tires **changed** or something heavy **to be carried**